



Antigonish Stoirm Volleyball Athlete & Coach Code of Conduct

Purpose: The purpose of this discipline policy is to establish clear expectations for the behavior and conduct of all Athletes and Coaches within the Stoirm Volleyball Club. This policy aims to promote a positive and respectful team environment, ensure fair treatment, and maintain the team and club's reputation.

- **Code of Conduct:** All members are expected to adhere to a high standard of sportsmanship, integrity, and respect. This includes but is not limited to respectful communication, fair play, and positive interactions with teammates, coaches, opponents, officials, and spectators.
 - Coaches are expected to be knowledgeable regarding best practices in coaching, always exemplify the very best courtesy, manners, and sportsmanship and work with the players on their teams in promoting harmony and cooperation.
 - Athletes are to respect the position, decisions, and the requests of the coach, always exemplify the very best courtesy, manners and sportsmanship, and adhere to and willingly follow the rules imposed by the coach and the Stoirm Volleyball Club.
 - Coaches and Athletes are to always give the very best possible effort in practice and at competitions, be modest in victory and gracious in defeat.
- **Attendance and Punctuality:** Players are required to attend all team practices, games, meetings, and other scheduled events unless excused by a coach in advance. Punctuality is crucial, and late arrivals without valid reasons will not be tolerated.
- **Adherence to Team Rules:** Team rules, including guidelines for behavior during travel, use of team facilities, and any other specific regulations set by the coaching staff, must be followed at all times.
- **Uniform and Equipment Care:** Players are responsible for the proper care and maintenance of team uniforms, equipment, and facilities. Any damage caused by neglect or intentional actions may result in disciplinary action.
- **Substance Use and Abuse:** The use of illegal substances, performance-enhancing drugs, and the abuse of alcohol are strictly prohibited. Violations will result in immediate disciplinary action, which may include suspension or expulsion from the team.
- **Academic Commitment:** Maintaining academics is of high priority within our club. Players are expected to prioritize their academic responsibilities and communicate with coaches if academic challenges arise.
- **Reporting Violations:** Individuals are encouraged to report any violations of this discipline policy to the coaching staff. All reports will be treated confidentially, and individuals who come forward with information will not face retaliation.

I agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include but is not limited to the following: Verbal warning by official, head coach, and/or head of league organization as outlined in our discipline policy. This includes:

- Written warning
- Suspension with written documentation of incident kept on file by
- Dismissal

By participating in the Stoirm Volleyball Team, you agree to abide by this discipline policy. Failure to comply may result in disciplinary action as outlined above.